CFEB HIGHLIGHTED UPCOMING TRAINING OPPORTUNITIES

LEAN(er) SIX SIGMA – GREEN BELT CERTIFICATION – PUBLIC SECTOR EMPHASIS
August 20–22, 2019 | 8:30 am - 3:30 pm | Denver Federal Center, CFEB Training Room (Rm 1442), Bldg. 25, Denver CO | Cost: $2200 per person | Online Registration Required: https://colorado.feb.gov/register/?ee=506

Recommended Attendees: everyone interested in advancing their project management skills and acquiring their Green Belt in Lean(er) Six Sigma. Participants will complete an individualized organization-specific project.

Lean Six Sigma (LSS) is a recognized hybrid process improvement program that clarifies how to make any project or activity better, faster and more cost-effective. Our program recognizes that documenting definitive results can be challenging when working on government assignments. This exclusive LSS program simplifies this process by providing repeatable and template-based tools.

Our unique approach Leaner Six Sigma (LrSS©) prepares you to take the Lean Six Sigma Green Belt industry-standard exam and pass on your initial attempt! Our program also provides you with an on-line personal mentor to complete your first public sector Lean Six Sigma endeavor. This includes identifying a good project and strategy. Increasing critical-thinking and enhancing problem-solving skills is valuable to any individual who is interested in demonstrating stewardship, growing as a professional or building a team.

Green Belt Training & Certification

Lean Six Sigma Green Belt Certification is a three-phased designed to give you an overview understanding of Lean Six Sigma in the context of completing projects within an organization. Phase One: Instructor led workshop training; Phase Two: Independent Study and Exam; and. Phase Three: Individualized Project.

Certification Requirements: 3 Days (totaling 21 hours) of live instruction, 5 online homework assignments, an online exam to lock in the training, your first Lean Six Sigma Project.

Information link | https://ssdglobal.net/workshops/

INSTRUCTOR | Dr. Terra Vanzant Stern

COURSE TESTIMONIAL CONTACT | Melinda Crowe | MelindaCrowe@Ymail.com
ESSENTIAL LEADERSHIP TRAINING
Begins October 8-10, 2019 | DFC, CFEB Training Room, Denver, CO | Cost: $1,000.00 per student

Online Registration required | https://colorado.feb.gov/register/?ee=509

Leaders exist at every level of an organization, and you don’t have to be in a “leadership” position to be a leader. Have you just started your career and want to learn necessary leadership skills? Do you have an interest in becoming a manager, but don’t know what leadership skills you need to be a good manager? Do you have a high-performing employee that you would like to enter a fundamental leadership training program? If so, consider registering for this exciting pilot program.

Essential leadership skills training is geared towards giving new(er) federal employees the opportunity to gain valuable leadership training and learn how to become a good leader in their agency. Participants will learn the leadership skills needed to complement the development of their government career, whether they choose to become a supervisor, project manager or subject matter expert. This class will provide an introduction into the leadership skills and tools necessary to be successful in a challenge-based environment, with a focus on leading self and leading in a team. Topics to be covered include:

- Self-awareness & Networking
- Emotional Intelligence
- Communication & Public Speaking
- Project Management & Team Building
- Conflict Resolution
- Diversity & Inclusion
- Coaching and Mentorship
- Critical thinking and different leadership styles.

Designed as a cohort, participants will attend three days of training the first month, and then one day a month for 5 months. Participation is limited, so reserve a seat today.

CONTACT Carolyn Gunther | 303 202 4588 | cgunther.cfeb@gmail.com or Fred Eidson | fred.eidson@gsa.gov

###

FMCS BASIC MEDIATION COURSE
October 21 - 25, 2019 | 8:00 am - 5:00 pm | Federal Bureau of Prisons Nat'l Corrections Academy, Aurora CO | Limited seats available
Cost: $200.00 per student | Online registration: [https://colorado.feb.gov/register/?ee=511](https://colorado.feb.gov/register/?ee=511)

Training is sponsored by the CFEB Alternative Dispute Resolution (ADR) program and conducted by the Federal Mediation & Conciliation Service (FMCS). Dealing effectively with conflict in the workplace has become a critical function in public and private organizations.

This five day, 40-hour Mediation Skills Training will focus on the mediation process, active listening and communication skills required to successfully mediate disputes. Attendees will participate in mock mediations, with certified coach mentors providing feedback. You do not have to become a mediator, just come and learn how to work with peers, co-workers, family members & employees.

For Federal, State, City & County Employees. Separate charge for private sector individuals wanting to attend – contact Jeff Conn for seat availability.

Instructors | FMCS Denver Commissioners Kayla Mack & Emily Rife

CONTACT Jeff Conn | jeff.conn@gsa.gov | 303 202 4588

###

**DOE FEDERAL ENERGY MANAGEMENT PROGRAM WORKSHOPS - FREE**
August 19, 2019 | Various in-person workshops - See below

These workshops are accredited by the International Association for Continuing Education and Training (IACET). This means that participants attending these workshops (and pass a quiz at the end) will receive continuing education units (CEUs) that can be applied to relevant certifications, professional licensing, etc. These workshops are also in support of Federal Building Personnel Training Act (FBPTA) training requirements for federal staff.

**Lessons Learned from Past Federal Distributed Energy Projects**
Registration Link: [https://www.wbdg.org/continuing-education/femp-courses/fempws08192019i](https://www.wbdg.org/continuing-education/femp-courses/fempws08192019i)

Location: 700 14th St, Denver, CO 80202 (The Colorado Convention Center), Room 304

Duration: 2 Hours | Level: Intermediate | 1:15 - 3:15 pm MST | IACET CEU: 0.2

Description: This workshop will tap into a deep well of federal project development history to help federal agencies execute more effective distributed energy (DE) projects. This workshop will have two mini sessions. The first session will cover distributed energy operational challenges and potential solutions that can be applied to existing and future DE projects. The second session will involve a discussion of common DE project procurement showstoppers and strategies to address them, including a brief overview of ESPC energy sales agreements, which can address issues such as long-term contracting authority.
**Distributed Energy Technologies for Resilience**

Registration Link: [https://www.wbdg.org/continuing-education/femp-courses/fempws08192019l](https://www.wbdg.org/continuing-education/femp-courses/fempws08192019l)

Location: 700 14th St, Denver, CO 80202 (The Colorado Convention Center), Room 303

Duration: 2 Hours | Level: Intermediate | 3:30 - 5:30 pm MST | IACET CEU: 0.2

Description: Unlike conventional back-up diesel generators, distributed energy technologies, such as battery storage coupled with renewable energy (RE) technologies and combined heat and power (CHP), can provide both energy resilience and cost savings. This interactive workshop will provide an overview of microgrids, battery storage, and CHP technologies including cost trends, use cases, and value streams from technical experts.

**Getting Started: Identifying and Assessing Energy Efficiency Opportunities in Your Data Center**

Registration Link: [https://www.wbdg.org/continuing-education/femp-courses/fempws08192019q](https://www.wbdg.org/continuing-education/femp-courses/fempws08192019q)

Location: 700 14th St, Denver, CO 80202 (The Colorado Convention Center), Room 502

Duration: 2 Hours | Level: Intermediate | 3:30 - 5:30 pm MST | IACET CEU: 0.2

Description: This workshop will walk participants through the resources available from Federal Energy Management Program (FEMP) through the Center of Expertise (CoE) for Energy Efficiency in Data Centers with emphasis on how available resources can be used in a logical sequence to identify energy efficiency opportunities in data centers. We will explore the CoE’s Energy Efficiency Toolkit and recommended resources based on an organization’s technical and financial considerations. There will also be a hands-on training session of DC Pro, a publicly available data center profiling tool. This web-based preliminary assessment tool is designed to enable data center owners and operators to better diagnose how energy use is distributed in their data center and determine ways to save energy and money. It estimates the data center's power usage effectiveness (PUE) for use where sub-metered data is not available. Industry expert instructors will help workshop participants input information on their own data centers (or hypothetical) into the DC Pro tool and will be available for assistance and to answer any questions.

CONTACT Rachel Shepherd | 202-586-9209 | rachel.shepherd@ee.doe.gov

###

**OPM**

**Memorandum regarding the 2019 Combined Federal Campaign.**
[https://www.chcoc.gov/content/2019-combined-federal-campaign](https://www.chcoc.gov/content/2019-combined-federal-campaign)

###
2020 COLORADO LEADERSHIP DEVELOPMENT PROGRAM (CLDP)
The U.S. Office of Personnel Management’s (OPM) Eastern Management Development Center (EMDC) is pleased to announce registration is open for the Class of 2020 Colorado Leadership Development Program (CLDP). This innovative program is designed to meet the leadership development needs of select federal professionals at the GS-14, GS-13, and GS-12 levels or equivalent, who work in federal, state, or local government organizations located in Colorado.

This seven-month program is based on a "whole person" model comprised of four dimensions: intellectual, emotional, physical, and behavioral. The curriculum applies this model through specific monthly sessions taught by highly skilled professional facilitators who focus on the development of the OPM Leadership Competencies or Executive Core Qualifications (ECQs). Research shows that development of these competencies is essential to success in senior-level public-sector leadership positions.

The CLDP Class of 2020 is scheduled to begin with a five-day Orientation and Developing High Performing Teams session on October 21-25, 2019. For more information on individual sessions and dates please visit: https://cldcentral.usalearning.net/mod/page/view.php?id=54172

How to Register | Interested applicants must complete their on-line registration, including payment, by September 13, 2019

Action items required to reserve your seat:

1. To complete your registration, click on the "Register" button at the following link and fill out the form: https://leadership.opm.gov/programs.aspx?course=252

2. To complete payment, submit your SF-182 to register@opm.gov. If paying by Government Purchase Card complete the Tuition Billing Information section on the registration web page accessed in step 1. For answers to the most common payment questions open the LDP Payment Checklist.

You will receive an email confirmation when your registration is confirmed. Questions about registration? Find the registration specialist for your agency by following this link: https://cldcentral.usalearning.net/mod/page/view.php?id=262

CONTACT Bonnie Robinson | 303 671 1130 | bonnie.robinson@opm.gov

###

2019 HEALTH BENEFITS SERVICE DAY
August 14, 2019 | 9:00 - 10:00 am | DFC, Bldg. 67, Hungry Horse Cafe, Denver, CO | Free
Health benefit carrier representatives attending are Blue Cross and Blue Shield, Kaiser, & GEHA. Representatives will be available to answer any questions or concerns that you might have about your plan.

CONTACT Jane Fluekiger | jane.fluekiger@anthem.com

###

**FEDERAL PARTNERS - PUBLIC AFFAIRS PANEL**
August 23, 2019 | 9:00 – 10:30 am | Byron Rogers building, 1961 Stout St, Denver, CO | Mt Evans A & B or via conference line 1-877-267-1577, 997 679 254 | Cost: FREE

Please join us for the August Fed Partners meeting for an interactive discussion about Public Affairs, Social Media, Outreach and related communications issues. Bring your own agency public affairs staff and questions for our panel! The panelists include: Amy Mund, USDA/Rural Development, David Von Behren, USDA/Food and Nutrition Service, Elsa Ramirez, HHS/Office of the Regional Director.

This meeting is sponsored by the Region VIII Fed Partners. No registration is required.

CONTACT Laurie Konsella | Laurie.konsella@hhs.gov

###

**DENVER FEDERAL CENTER PASSPORT ACCEPTANCE FAIR**
August 29, 2019 | 10:00 am - 2:00 pm | Denver Federal Center | CFEB Training Room, Bldg. 25, Room 1442, Entrance E-14

Federal Employees and their Family members only | Government ID required for entrance to the Federal Center & Bldg. 25

If you are interested in applying, please bring original citizenship evidence (birth certificate, previous passport, naturalization certificate, etc.), government issued identification (driver license, state-issued ID, passport, etc.), at least one passport photo and a check for payment. We will have plenty of applications on hand for you to fill out, or you can bring a completed application, whichever you prefer.

Additional information regarding fees and application requirements is available at [www.travel.state.gov](http://www.travel.state.gov)

---

**WORKFORCE DEVELOPMENT & TRAININGS**

**CFEB WORKFORCE DEVELOPMENT COUNCIL (WDC) MEETING**
Anyone interested in joining the Council is invited to attend. If you’d like more information or have questions about the CFEB WDC, please contact Brian Sutherland at: Brian.Sutherland@ee.doe.gov or Fred Eidson at: fred.eidson@gsa.gov

CFEB SPONSORED FINANCIAL CLASSES

BREAKFAST SERIES – RETIRE LESS
August 15, 2019 | 8:00 – 9:00 am | DFC, CFEB Training Room, Bldg. 25, Room 1442, Denver, CO | Free | Online Registration Required | https://colorado.feb.gov/register/?ee=513

Join us for a series of financial planning one-hour workshops:

- You want me to Live Off of HOW MUCH?
- Planning Now for Your Future Needs.
- Do I need to?
- What is realistic & how to calculate
- Net vs. Gross
- What are others spending?

INSTRUCTOR | Sharla Rountree, My Federal Retirements & Benefits

CONTACT Jeff Conn | jeff.conn@gsa.gov | 303 202 4588

FEDERAL BENEFITS & RETIREMENT CLASS
August 27, 2019 | 8:30 am – 4:00 pm | DFC, CFEB Training Room, Bldg. 25, Room 1442, Denver, CO | Cost: $100.00 per person

Online Registration Required | https://colorado.feb.gov/register/?ee=507

INSTRUCTOR | Ann Vanderslice, Retirement Strategies

EMERGENCY PREPAREDNESS

CFEB EMERGENCY PREPAREDNESS MEETING
Anyone interested in joining the Council is invited to attend. If you’d like more information or have questions about the CFEB EPC, please contact Donna Vallejos at: donna.vallejos@gsa.gov or Jeff Conn at: jeff.conn@gsa.gov

###

**2019 REGION VIII INFRASTRUCTURE RESILIENCE CONFERENCE**
September 10, 2019 (12:00 - 5:00 pm) & September 11, 2019 (8:00 am - 12:00 pm | Embassy Suites by Hilton Loveland Hotel, 4705 Clydesdale Pkwy, Loveland, CO | Free


Conference Highlights:
- Cybersecurity
- Supply Chain Management
- Unmanned Aircraft Systems (UAS)
- Disaster Recovery Reform Act (DRRA)
- Soft Target- Crowded Places

CONTACT Dorothy Miller | dorothy.miller1@hq.dhs.gov

________________________________________________________

**HEALTH & WELLNESS ACTIVITIES**

**VITALANT PCD BLOOD DRIVE**
August 21, 2019 | 12:00 – 4:00 pm | Pueblo Chemical Depot | Pueblo CO | Bonfils Bus in Building 6 Parking Lot
QUESTIONS Bonfils/Vitalant Donor Relations | 1 800-365-0006, ext 1.
CONTACT Kathryn Cain | 710 549 4060 | kathryn.r.cain.civ@mail.mil

###

**TOTAL WORKER HEALTH INITIATIVE**
Colorado Federal Agencies Invited to Participate in Total Worker Health® Initiative

We are pleased to announce an opportunity to improve the health, safety and well-being of federal workers across Colorado. The Center for Health, Work & Environment at the Colorado School of Public Health invites CO federal agencies to participate in the Small+Safe+Well program providing access to Health Links™ assessment, advisement, mentoring and leadership training to help your agency achieve your goals for workforce health and to become recognized
as a Certified Healthy Workplace. Federal agencies with under 500 employees in distinct worksites are eligible to participate at no cost.

Learn more
http://www.ucdenver.edu/academics/colleges/PublicHealth/research/centers/CHWE/Research/Pages/SSWell.aspx

Get started, enroll now! LINK:
https://ucdenver.co1.qualtrics.com/jfe/form/SV_8A4K58yqiDlOjgp

The Center for Health, Work & Environment is one of six Center of Excellence for Total Worker Health®, funded by the Centers for Disease Control and Prevention’s National Institute for Occupational Safety and Health (NIOSH).

Enrollment ends soon. Contact Tamara Akers | tamara.akers@cuanschutz.edu | 325 203 1135

###

**DENVER POST-9/11 VETERANS/FAMILY PROGRAMS - DEPRESSION CENTER**
https://www.cohenveteransnetwork.org | CONTACT | Matt Mishkind | 303 724 4967 |
Coloradodepressioncenter.org

###

**VETERANS FREE MONTHLY NON-NARCOTIC CARE CLINICS**
Held monthly | 9:00 am - 1:00 pm | Various Locations: www.healingwarriorsprogram.org
Denver Clinic | 2d Saturday of the Month | VFW Post 1, 841 Santa Fe Dr. Denver, CO
Longmont Clinic | 3d Saturday of the Month | Nat’l Guard Armory, 1512 N. Main St, Longmont, CO
CO Springs Clinic | 4th Saturday of the Month | American Legion Post 209, 3613 Jeannine Dr, CO Springs

Clinics designed to help those that have served our country. Please bring proof of military service, i.e. DD214 or military ID. Open to all service members and the spouse/partner/parent.

###

**YOGA @ DENVER FEDERAL CENTER - WELLNESS CENTER**
Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov
Tuesdays & Thursdays | 5:00 – 6:00 pm | Yoga for beginners and intermediates
Drop in Cost is $10 –or- 4-Punch Pass - $30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)
**ONGOING ANNOUNCEMENTS**

**FEDS FEED FAMILIES 2019 FOOD DRIVE**  
June 4 – August 29, 2019

**HUNGER IMPACTS EVERYTHING**

Food banks across the country face severe shortages of food throughout the summer, as children are left without school nutrition programs. Over the past decade, we have witnessed the remarkable generosity of our Federal workforce, collecting millions of pounds of food to support families in their communities!

Agencies in the DENVER METRO AREA can contact Bart Bushman (303-844-0310, bart.bushman@usda.gov) to get registered with Food Bank of the Rockies for delivery of donation barrels (and/or boxes) and pick-up of donations.

3) Agencies in ALL OTHER COMMUNITIES THROUGHOUT COLORADO should coordinate your food drive with your local food bank.

CONTACT Bart Bushman | 303 844 0310 | bart.bushman@usda.gov

###

**OFFICE FURNITURE & SUPPLIES AVAILABLE - FREE**

DOL OSHA has the following office furniture and office supplies available for transfer to another Federal agency:

- Three each three drawer lateral file cabinets
- Two each five shelf wood shelves.
- Lots of legal and letter file folders
- Some 3 ring binders

If interested, contact Asha Potucek | 720-264-6550 | Potucek.Asha@dol.gov

###

**Voluntary Leave Transfer Program (VLTP)**

The CFEB has set up a webpage on our website to encourage those that would like to donate their leave to those that have been approved to receive leave donations through the voluntary leave transfer program.

If you are an approved recipient or know someone that is, please feel free to send their POC information to Jeff Conn | jeff.conn@gsa.gov for inclusion on the webpage. POC information should include: Name, Agency, Recipient email & telephone number

###

**DENVER FEDERAL CENTER FARMERS MARKET**
June 13 – August 29, 2019 | Every Thursday (minus July 4th) | 11:00 am – 1:00 pm | DFC Bicentennial Park | Come out and see the vendors

###

**VAN & CARPOOL**
Vanpools needing riders are listed on the CFEB web site: https://colorado.feb.gov/resources/van-pools/

If you would like the CFEB to add your van or carpool to the web site, email the information to jeff.conn@gsa.gov

**DENVER REGIONAL COUNCIL OF GOVERNMENT (DRCOG) WAY TO GO VANPOOLS**
CONTACT Kate Spencer | 303-480-6725 | kspencer@drcog.org

###

**FINANCIAL LITERACY RESOURCES**
**Training for Your Employees - On-site Workshops**
TSP training specialists are available to provide on-site TSP workshops for your employees and uniformed service members. Requests are filled on a first-come, first-served basis, based on available training staff. To learn more, or to schedule an event for your agency, contact us at (202) 942-1450 or preferably email us at training@tsp.gov

**Training for Your Employees - TSP Webinars**
TSP’s Office of Communications and Education is hosting TSP webinars to supplement TSP training events hosted by agencies and services. Our mission is to create educational outreach for participants who are unable to attend live events or webinars hosted by agencies and services. https://www.tsp.gov/representative/Content/trainingInfo.html

**UNITED SERVICE ORGANIZATIONS (USO) PATHFINDER PROGRAM (TRANSITIONS SERVICES)**
M-F | 8:00 am – 4:00 pm | Fort Carson | 1638 Elwell St, Bldg. 6236 Rm 127 | CO Springs, CO
CONTACT | Ron Kriete | 719 338 9322 | rkriete@uso.org | www.USO.org/pathfinder

Assistance is now offered to Military Spouses: file:///C:/Users/Jeff/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/X91EF4SQ/Pathfinder_MilSpouse%20Flyer_v2.pdf
COMPETENCY BASED TRAINING @ DOI UNIVERSITY
https://doiu.doi.gov/catalog.html?type=sp&id=lakewood
Denver Federal Center | Bldg. 53, Denver, CO
CONTACT Pam Stovall | 303 236 0061 | Pamela_Stovall@ios.doi.gov

TOASTMASTERS CLUBS
Please visit our new Resources webpage for Toastmaster information:
https://colorado.feb.gov/resources/

JOB ANNOUNCEMENTS -
https://www.usajobs.gov/
Helpful hiring tips from USAjobs.gov - https://help.usajobs.gov/index.php/Main_Page
Links to information on building your resume, etc. -

General Services Administration, Lakewood, CO
HR Specialist (Staffing & Recruitment) | GS 13
https://www.usajobs.gov/GetJob/ViewDetails/541573500

National Older Worker Career Center (NOWCC) AGE 55+ | Location in CO TBD

Recruiter/Program Specialist, Lakewood, CO
https://nowcc.acquiretm.com/job_details_clean.aspx?mode=preview&id=esqzgwutlZ4RWMcEoQNlDA%3d%3d

Hydrologist – Fort Collins

Water Program Professional Support – LCR - Denver

Community Involvement Support – Denver

Procurement/Property/Facilities Support – Denver

Public Water System Unit Technical Support – Denver
https://www.nowcc.org/states-with-open-positions/position-details?position_id=4894
CFEB EMAIL ANNOUNCEMENTS

CFEB ALL EMPLOYEE ANNOUNCEMENTS POSTED ON WEBSITE
If you can’t view the announcements or want information from a previous announcement, please visit the CFEB website: https://colorado.feb.gov/

SUBMIT INFORMATION FOR ANNOUNCEMENTS
To submit information to be included in the announcements, please email it by Wednesday of each week to jeff.conn@gsa.gov in the following format.

Title
Date | Time
Location | 3333 W 32 Ave | Denver CO (no punctuation)
Cost (if applicable)  
Brief Description (very short marketing blurb | a couple of bullet points or sentences)
CONTACT Name | 303 333 5555 | email
Website

###

Have a safe and wonderful Weekend.

CFEB Staff

Fred Eidson | Executive Director | fred.eidson@gsa.gov
Jeff Conn | Deputy Director | jeff.conn@gsa.gov
Colorado Federal Executive Board (CFEB) | 303 202 4588 | www.colorado.feb.gov

Please email Jeff Conn at: jeff.conn@gsa.gov to subscribe or unsubscribe from CFEB email