

11/04/16 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

COLORADO STATE FUN TRIVIA

Sometimes called the "Fourteeners", how many mountain peaks in the State of Colorado are 14,000 feet or higher?

- a. 14
- b. 52
- c. 38
- d. 11

*See below for answer

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OPM

2016 Presidential Transition Guide

<https://www.opm.gov/about-us/our-people-organization/support-functions/executive-secretariat/presidential-transition-guide-2016.pdf>

Emergency Leave Transfer for Federal Employees Adversely Affected by Hurricane Matthew

<https://www.chcoc.gov/content/emergency-leave-transfer-federal-employees-adversely-affected-hurricane-matthew>

Institutionalizing Hiring Excellence to Achieve Mission Outcome

<https://www.chcoc.gov/content/institutionalizing-hiring-excellence-achieve-mission-outcomes>

###

VETERANS APPRECIATION HAPPENINGS & INFORMATION

TAILGATE TO VETERAN'S DAY FAMILY FAIR 2016

November 6, 2016 | 12:00 - 3:00 pm | Embassy Suites | 4705 Clydesdale Pkwy, Loveland, CO | Free | RSVP to Renata Meusch | 970 667 7340 | renata.meusch@thrivent.com

2016 VETERANS APPRECIATION EVENT

November 9, 2016 | 1:00 pm | Denver Federal Center, Bldg. 41 Remington Arms Rm | CONTACT James Foster | James.Foster@gsa.gov

This year's program will feature keynote Speaker Lieutenant Colonel Herbert Meadows, Deputy Commander for the 460th Mission Support Group, 460th Space Wing at Buckley Air Force Base, Colorado. The Regional VA Office will have a table set-up in the lobby of Building 41 from 9:30 a.m. - 1:00 p.m. They will provide information on the benefits, compensation pension and home loan programs for anyone needing assistance.

22D ANNUAL AURORA VETERANS SALUTE 2016 - Honoring Vietnam Era Veterans

November 9, 2016 | 9:00 - 11:30 am | Sponsor Social
| 11:30 am - 1:30 pm | Luncheon & Program

Wings Over the Rockies Air & Space Museum | 7711 E. Academy Blvd, Denver, CO | Cost: \$25 per person | Register: www.auroragov.org/salute or 303 326 8650

DENVER VETERANS DAY 5K & 10K RUN

November 13, 2016 | 8:00 am | Denver City Park | <http://www.denerveteransday.com/run/>

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OPEN SEASON FEHB SCHEDULE

Download the dates and locations of Federal Employee Health Benefit fairs in Colorado at <https://colorado.feb.gov/wp-content/uploads/2016/10/2016-Open-Season-Health-Fair-Schedule-1.pdf>

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CFEB RETIREMENT PLANNING CLASSES

<https://colorado.feb.gov/events-training/retirement-classes/>

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NOVEMBER

DENVER RECLAMATION EMPLOYEES ASSOCIATION 11th ANNUAL VENDOR FAIR

November 8, 2016 | 8:00 am - 2:00 pm | Denver Federal Center, Bldg. 67, Lobby level | Open to everyone | CONTACT | Susan Ward | 303 445 2690 | sward@usbr.gov

It's an easy way to do your holiday shopping and find any number of individual and unique gifts, with something for just about everybody.

###

DENVER, COLORADO SAFETY DAY

November 15, 2016 | 7:00 am - 5:00 pm | Arapahoe County Fairgrounds/Open Spaces | 25690 E. Quincy Ave, Aurora, CO | Free | CONTACT Carolyn Bluhm | 303 725 3084 | Carolyn.bluhm@denvergov.org | 303 725 3084

Join industry professionals, regulators, and expert instructors focused on making ammonia (NH3) the safest managed hazardous material in the World.

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PUEBLO CHEMICAL DEPOT BONFILS PCD BLOOD DRIVE

November 28, 2016 | 12:00 - 4:00 pm | Pueblo Chemical Depot | Bonfils Bus in Bldg. 6 Parking Lot | CONTACT Kathryn Cain | 710 549 4060 | kathryn.r.cain.civ@mail.mil

PCD will hold its final blood drive of 2016. All donors will receive a free long-sleeved T-shirt. For eligibility questions, contact Bonfils Donor Relations at 800-365-0006, ext 1.

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DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

Register | <http://www.denvergov.org/oem> | DenverCERT@denvergov.org | 303 725 3084

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TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> | <https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Tuesday's | 11:30 am - 12:30 pm | DFC Building 67, Room 610 | Denver CO
CONTACT Jon Damiano | 303 445 2461 | jdamiano@usbr.gov
<http://damgoodspeakers.toastmastersclubs.org>

###

VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site
<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to gpage@colorado.feb.gov

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HEALTH DOES MATTER

Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov

Tuesday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Thursday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | dotys1@yahoo.com

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

FEHB VIRTUAL SERVICE

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | kp.org/feds

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | www.kpfedtalk.org | Code kpfedtalk1 | Follow prompts for audio

Connect with FEDSTRIVE Region 8

Facebook - <https://www.facebook.com/FedStriveR8>

www.FOH.hhs.gov

Mile High Walking Club – Byron G Rogers Building

Every Monday | 12:00 – 12:30 pm | Meet right outside of the Byron Rogers Building

Every Wednesday | 11:30 am – 12:00 pm | Meet right outside of the Byron Rogers Building

Free, open to all federal employees & contractors

Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg. 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

###

LIGHTEN UP!

I realized my little nephew will never know life without Facebook. He'll never know what it's like to go, "I wonder what happened to that guy Chris from high school?" and then just shrug his shoulders and move on. - **Comedian Ophira Eisenberg**

###

PETS OF THE WEEK

Adopt a pet and save a life

Molly | Shepherd Mix | Female | 2 years old

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Charles (177912) | Cat | Male | 2 years old

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org

<http://www.FoothillsAnimalShelter.org>

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VOLUNTEER OPPORTUNITIES

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO

Please contact shelter manager Sondra Bailey | 303 274 2264 |

<http://www.angelswithpaws.net/volunteering/>

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SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver

<https://www.facebook.com/sisterhoodofthetravelingpets>

Sassie Skelton | 719 482 0705

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JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

Community Involvement Support

https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3712

Clean Water Program Administrative Support

https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3718

Lab Technician (Part-time)

https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3726

###

COLORADO TRIVIA ANSWER

The answer is b - The Colorado Rockies are part of the North American Cordillera, which stretches 3,000 miles from Alaska, through western Canada and the United States, into northern Mexico. The centerpieces of this dramatic uplift are the peaks over 14,000 feet, or "Fourteeners", as they are affectionately referred to by climbers. There are 52 Fourteeners in Colorado.

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CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

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Have a safe and wonderful weekend

Gay & Jeff

Gay Page | CFEB Executive Director | gpage@colorado.feb.gov

Jeff Conn | CFEB Outreach Strategist | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg. 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email