

10/07/16 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

NAME THE INVENTOR

Courtesy of the US Patent & Trademark Office
<http://www.uspto.gov>

Who invented the “Babybird Respirator”?

* See below for the answer

###

SHOWCASE YOUR CREATIVE TALENT!

Fifth Annual Federal Employee Art Show

REGISTER ONLINE by **October 7, 2016 (Registration was extended)**

<http://www.nationalartsprogram.org/state-of-colorado-federal-government/state-of-colorado-federal-governmentco-2016-registration-form>

The National Arts Program® was established in 1982 to identify, showcase, and reward the visual artistic talent in America. With over 80 exhibitions held in 38 states, artists of varying skill levels, from youth to professional produce around 15,000 pieces of visual art each year. Artists compete for cash prizes & the competition is open to federal employees & their immediate family members in Colorado.

CONTACTS

Nancy Mack | 303 236 0652 | nancy.mack@gsa.gov
Carolyn Gilroy | 303 236 1551 | carolyn.gilroy@gsa.gov

###

READING PARTNERS NEEDS TUTORS

readingpartners.org/volunteer | volunteer@readingpartners.org

This year, more than 11,000 students across the country will be enrolled in the Reading Partners program, and they need tutors to ensure students receive the reading support they need. To get started, please complete the online registration process.

###

CFEB RETIREMENT PLANNING CLASSES

<https://colorado.feb.gov/events-training/retirement-classes/>

###

UNIVERSITY OF COLORADO MINI-SCHOOL ON GLOBAL AFFAIRS

Tuesdays in October - November | 7:00 - 8:30 pm

Student Commons Room 1500 | Auraria Campus

FREE | Register online <https://gs.ucdenver.edu/miniglobal/register/>

###

OCTOBER

BLUEPRINT TO EXCELLENCE SUPERVISORY ACADEMY

October 18-20, 2016 | 8:30 am - 4:00 pm | Fort Collins CO

\$290.00 | Online Registration Required | <https://colorado.feb.gov/register/?ee=353>

CONTACT Dave Cawrse | 970 295 5780 | dcawrse@fs.fed.us

Transforming Federal Supervisors into Leaders. The 3-day training fulfills annual supervisory training requirements and addresses core competencies in Strategic Thinking, Flexibility, Resilience, Conflict Management, Developing others, Team Building, Customer Service, & Human Capital Management. This training is presented by the Colorado Federal Executive Board Northern Colorado Council.

###

LOCAL EMERGENCY PLANNING COMMITTEE

October 18, 2016 | 6:15 - 8:00 pm | Southwest Improvement Council | 1000 S. Lowell Blvd, Denver, CO | Free

Learn about: Hazards in Denver, Hazardous Material Facilities, Rail Lines, Flood Zones, Tornado Sirens, How the City will alert you during a disaster and prepare yourself and your family for emergencies.

CONTACT | Carolyn Bluhm | Carolyn.bluhm@denvergov.org

###

FEDERAL FORUM ON RESILIENCY AND WELLNESS IN THE WORKPLACE

October 20, 2016 | 8:00 am – Noon

Department of the Interior | 7401 W Mansfield Dr | Denver CO 80235
Durango/Telluride Conference Room

FREE | Online Registration Required | <https://colorado.feb.gov/register/?ee=355>

AGENDA | <https://colorado.feb.gov/health-fitness/national-prevention-strategy/>

CONTACT Linda Stopp | 303 844 7891 | linda.stopp@hhs.gov

###

IMPROVING BEHAVIORAL HEALTH THROUGH TECHNOLOGY

October 20 or 21, 2016 | 8:00 am - 4:45 pm | Elkhorn Conference Center | 1725 Woodfill Rd
Bldg. 7300 | Fort Carson CO

These are two one day workshops aimed to train DoD and VA behavioral health providers on the core competencies of the use of health technologies in clinical care, including mobile applications and websites to support behavioral health, developed by the Department of Defense and Department of Veterans Affairs.

Register by emailing | Lisa Hutchins | lisa.r.hutchins.ctr@mail.mil | Please specify registration for either 20-October or 21-October

###

MAKE a DIFFERENCE DAY VOLUNTEER OPPORTUNITIES

October 22, 2016 | <http://makeadifferenceday.com/>

Volunteer Registration Deadline | October 7, 2016

DENVER URBAN DEBATE LEAGUE

<http://www.denverdebate.org/>

50 Judges needed for Debate Tournament

October 22, 2016 | 8:30 am - 5:00 pm | 2-20 hr shifts available

Manual High School | 1700 E 28 Ave | Denver CO 80205

VOLUNTEER REGISTRATION | <https://colorado.feb.gov/register/?ee=361>

Harm Reduction Action Center (HRAC)

<http://harmreductionactioncenter.org/>

20 Volunteers needed for Neighborhood Clean Up Day

October 22, 2016 | 11:00 am - 1:00 pm

VOLUNTEER REGISTRATION | <https://colorado.feb.gov/register/?ee=360>

###

CAREER MENTORING FORUM

by Federal Executives for Federal Employees

October 26, 2016 | 11:30 am - 12:30 pm

Denver Federal Center | CFEB Training Room | Bldg. 25 | Lakewood CO

Free | Online Registration Required <https://colorado.feb.gov/register/?ee=328>

EXECUTIVE MENTORS

NANCY DRAGANI | FEMA Regional Administrator

SALLIE HOUSER-HANFELDER | VA VHA Director

The CFEB Workforce Development Council (WDC) offers two mentoring forums each year. The council initiated these free mentoring workshops in 2014 after identifying the need for a mentoring program to help grow leaders and enhance professional development across the local federal workforce. The forums connect federal executives with employees seeking career advice and provide a venue for leaders to share information about their career journey including challenges, inspirations, successes, and work life balance. The forums give you exposure to senior leadership, enhances your professional development, and improves communication within the federal community.

###

FEDERAL EXECUTIVE ORDER 13693 PLANNING FOR FEDERAL SUSTAINABILITY IN THE NEXT DECADE - REGIONAL ENERGY WORKING GROUP MEETING.

October 26, 2016 | 9:00 – 10:30 am | Denver Federal Center, GSA Building 41, Montana Room, second floor, Lakewood, CO

Executive Order 13693, Planning for Sustainability in the Next Decade calls on all Federal Agencies to reduce intensity in Federal buildings by 25% by FY2025 relative to the FY2015 baseline. The EO fosters innovation, reducing spending, strengthening the communities in which Federal facilities operate and reducing greenhouse gas emissions across Federal operations and the Federal supply chain. The topic for this Working Group Meeting is Renewable Option in Colorado, presented by Jenny Heeter with NREL. We will also be discussing progress the Steering Committee has made.

The Executive Order may be found at <http://www.fedcenter.gov/programs/co13693>

If you are not in the Denver metro area and would like to participate, join us by calling 1-888-791-5855, passcode 3243454 - the URL is <http://meet.gsa.gov/r2cpxv4s4vf/>

CONTACT | Niki Lecander | 303 236 7302 | nichole.lecander@gsa.gov or Darcy O'Connor | 303 312 6392 | oconnor.darcy@epa.gov

###

CFEB QUARTERLY MEETING & TRAINING DELIVERING OUTSTANDING CUSTOMER SERVICE

October 27, 2016 | 7:30 - 11:00 am
Denver Federal Center | CFEB Training Room | Bldg. 25 | Lakewood CO
\$28 | Online Registration Required <https://colorado.feb.gov/register/?ee=320>

SPEAKERS

- ◆ SHEP HYKEN, CSP, CPAE is the CAO (Chief Amazement Officer of Shepard Presentations)
- ◆ MARK GASTA, Executive Vice President and Chief People Officer for Vail Resorts Management Company

###

NOVEMBER & BEYOND

FEDERAL EXECUTIVE ORDER 13693 PLANNING FOR FEDERAL SUSTAINABILITY IN THE NEXT DECADE - REGIONAL WATER WORKING GROUP MEETING.

November 1, 2016 | 9:00 – 10:30 am | Denver Federal Center, GSA Building 41, Grand Teton Room, second floor, Lakewood, CO

Executive Order 13693, Planning for Sustainability in the Next Decade calls on all Federal Agencies to reduce water consumption in Federal buildings by 36% by FY2025 relative to the FY2007 baseline. The EO fosters innovation, reducing spending, strengthening the communities in which Federal facilities operates and reduces water consumption across Federal operations and the Federal supply chain. The topic for this Working Group Meeting is benchmarking water use in facilities. Benchmarking is a tool used to set and achieve performance targets to reduce water consumption.

The Executive Order may be found at <http://www.fedcenter.gov/programs/co13693>

If you are not in the Denver metro area and would like to participate, join us by calling 1-888-791-5855, passcode 3243454 - the URL is <http://meet.gsa.gov/r6pr14e5pi9>

CONTACT | Niki Lecander | 303 236 7302 | nichole.lecander@gsa.gov or Darcy O'Connor | 303 312 6392 | oconnor.darcy@epa.gov

###

MILE HIGH DICE

Annual CFEB/FEMA Tabletop Exercise on Cybersecurity

November 10, 2016 | 8:30 am – 3:45 pm

LOCATION

Federal Bureau of Prisons National Corrections Academy
11900 East Cornell Avenue, Unit C | Vail Room | Aurora, CO 80014

FREE | ONLINE REGISTRATION REQUIRED | Only 6 seats left

<https://colorado.feb.gov/register/?ee=354>

Before you go online to register, make sure you have the name, phone and email of each team member that will attend!

TARGET AUDIENCE

- ◆ Federal Agencies | Cities | Counties | State Government (FEMA Region VIII-CO, MT, ND, SD, UT & WY) | Private Sector | Educational Institutions | Nonprofit Organizations
- ◆ Every agency/organization is encouraged to bring a team of seven (7) people to the exercise. One person from each team will take on the role of facilitator during the afternoon exercise.
- ◆ Recommended team members include Executive leadership, IT, HR, PIO, financial, records management, legal counsel, & continuity of operations staff

PURPOSE

- Mile High DICE provides a forum for interagency coordination and improvement of cyber response/contingency plans and continuity plans.
- The 2016 theme is cybersecurity, which is the RISC (Regional Interagency Steering Committee) priority this year.
- DICE establishes a learning environment for participants to improve their understanding of a cyber incident and examine response/contingency plans to determine their ability to continue their mission essential functions.

OBJECTIVES

- Develop a common understanding of:
 - Cybersecurity threats and vulnerabilities
 - Cyber resources available from the government
- Identify cyber gaps or vulnerabilities that could disrupt delivery of mission essential functions
- Discuss response and recovery of mission essential functions following a cyber event
- Deliver sample tools that will assist in the development of a cyber annex in the organization's plans.

###

DENVER VETERANS DAY 5K & 10K RUN

November 13, 2016 | 8:00 am | Denver City Park | <http://www.denverveteransday.com/run/>

###

OPM WMDC LEADERSHIP PROGRAMS CATALOGUE

<https://colorado.feb.gov/wp-content/uploads/2016/04/2016-OPM-WMDC-Courses.pdf>

###

DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

Register | <http://www.denvergov.org/oem> | DenverCERT@denvergov.org | 303 725 3084

###

TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> | <https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Tuesday's | 11:30 am - 12:30 pm | DFC Building 67, Room 610 | Denver CO

CONTACT Jon Damiano | 303 445 2461 | jdamiano@usbr.gov

<http://damgoodspeakers.toastmastersclubs.org>

###

VAN & CARPOOL

MONUMENT TO DOWNTOWN DENVER ROGERS BLDG

HWY 105 Park & Ride TO 1961 STOUT ST DENVER

DUTY HOURS | Mon – Fri | 6:00 am – 3:35 pm

CONTACT | Janelle McLean | 303 671 1026 | Janelle.mclean@opm.gov

COLORADO SPRINGS TO LOCKHEED MARTIN FACILITY on West Deer Creek Canyon Rd

TEJON P&R | North Gate Area to LM-DCF DUTY HOURS | Mon - Fri | 6:00 am - 3:30 pm | (Federal Pay Dates Off) CONTACT | Bobby Adams | 719 246 4884 | bobby.adams@dcma.mil

Vanpools needing riders are listed on the CFEB web site
<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to
gpage@colorado.feb.gov

###

HEALTH DOES MATTER

Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov

Tuesday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Thursday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | dotys1@yahoo.com

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

FEHB VIRTUAL SERVICE

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | kp.org/feds

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | www.kpfedtalk.org | Code kpfedtalk1 | Follow prompts for audio

Connect with FEDSTRIVE Region 8

Facebook - <https://www.facebook.com/FedStriveR8>
www.FOH.hhs.gov

Mile High Walking Club – Byron G Rogers Building

Every Monday | 12:00 – 12:30 pm | Meet right outside of the Byron Rogers Building

Every Wednesday | 11:30 am – 12:00 pm | Meet right outside of the Byron Rogers Building

Free, open to all federal employees & contractors

Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg. 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

###

LIGHTEN UP!

When it comes to candy bars, the term fun-sized is misleading. There is nothing fun about your candy bar being $\frac{1}{8}$ the size of a regular bar.

You should call them what they are: "disappointment-sized." - *Jimmy Kimmel*

###

PETS OF THE WEEK

Adopt a pet and save a life

Fiona | Carin Terrier Mix | Female | 1.5 years old

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Charles (177912) | Cat | Male | 2 years old

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org

<http://www.FoothillsAnimalShelter.org>

###

VOLUNTEER OPPORTUNITIES

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO

Please contact shelter manager Sondra Bailey | 303 274 2264 |

<http://www.angelswithpaws.net/volunteering/>

###

SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver

<https://www.facebook.com/sisterhoodofthetravelingpets>

Sassie Skelton | 719 482 0705

###

JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

US Forest Service Rocky Mountain Region

<https://fsoutreach.gdci.com/Outreach/> | Visit <http://www.fs.usda.gov/main/r2/jobs>

National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

Professional Support to Preparedness Unit

https://www.nowcc.org/r/positions/view.aspx?record_id=3705

Community Involvement Support

https://www.nowcc.org/r/positions/view.aspx?record_id=3712

###

NAME THE INVENTOR TRIVIA ANSWER

Forrest M. Bird (1921-) is the inventor of the first convenient and reliable, low cost, mass-produced medical respirator, referred to as a medical ventilator in Bird's patent 3,842,828. Bird also helped reduce infant mortality rates in babies with respiratory issues with his invention dubbed the "Babybird Respirator" whose technology traces back to patent number 3,191,596.

###

CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

###

Have a safe and wonderful holiday weekend

Gay & Jeff

Gay Page | CFEB Executive Director | gpage@colorado.feb.gov

Jeff Conn | CFEB Outreach Strategist | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg. 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email