

9/16/16 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

FIRST LADY TRIVIA

* See below for answer

Which First Lady saved the famous portrait of George Washington from the White House before it was ransacked and set on fire by British soldiers?

###

VETERANS ADMINISTRATION NEWS

VA's Proposed Rule to Consider Certain Diseases Associated with Exposure to Contaminants in the Water Supply at Camp Lejeune as Presumptive for Service Connection

https://content.govdelivery.com/attachments/USVAOCLA/2016/09/09/file_attachments/618093/Camp%2BLejeune%2BFact%2BSheet%2BFINAL.docx

###

SHOWCASE YOUR CREATIVE TALENT!

Fifth Annual Federal Employee Art Show

REGISTER ONLINE by **October 7, 2016 (Registration was extended)**

<http://www.nationalartsprogram.org/state-of-colorado-federal-government/state-of-colorado-federal-governmentco-2016-registration-form>

The National Arts Program® was established in 1982 to identify, showcase, and reward the visual artistic talent in America. With over 80 exhibitions held in 38 states, artists of varying skill levels, from youth to professional produce around 15,000 pieces of visual art each year. Artists compete for cash prizes & the competition is open to federal employees & their immediate family members in Colorado.

CONTACTS

Nancy Mack | 303 236 0652 | nancy.mack@gsa.gov

Carolyn Gilroy | 303 236 1551 | carolyn.gilroy@gsa.gov

###

READING PARTNERS NEEDS TUTORS

readingpartners.org/volunteer | volunteer@readingpartners.org

This year, more than 11,000 students across the country will be enrolled in the Reading Partners program, and they need tutors to ensure students receive the reading support they need. To get started, please complete the online registration process.

###

Federal Long Term Care Insurance Program (FLTCIP) Premium Increase Briefings & Personal Counseling Sessions

www.LTCFEDS.com

For current policy holders only. You must bring your benefit option letter with you to the consultation.

September 27, 2016 | 9:00 - 11:30 am

Denver Federal Center | Bldg. 25 | CFEB Training Room

9:00 Briefing by Paul Forte, CEO Long Term Care Partners

9:30 Individual Counseling Sessions on a first come first serve basis

Free | ONLINE REGISTRATION REQUIRED <https://colorado.feb.gov/register/?ee=356>

September 27, 2016 | 1:30 - 4:00 pm

EPA | 1595 Wynkoop | 2nd Floor

1:30 Briefing by Paul Forte, CEO Long Term Care Partners

2:00 Individual Counseling Sessions on a first come first serve basis

Free | ONLINE REGISTRATION REQUIRED <https://colorado.feb.gov/register/?ee=357>

September 28, 2016 | 9:00 am - Noon

USDA Campus | 2150 Centre Ave | Bldg. A Rm 119 | Fort Collins CO

Individual Counseling Sessions on a first come first serve basis

Free | ONLINE REGISTRATION REQUIRED <https://colorado.feb.gov/register/?ee=358>

September 29, 2016 | 9:00 am - Noon

Fort Carson Transition Service Program | 1626 Elwell St Bldg. 6237, 2nd Floor | Fort Carson CO

Individual Counseling Sessions on a first come first serve basis

Free | ONLINE REGISTRATION REQUIRED <https://colorado.feb.gov/register/?ee=359>

###

CFEB RETIREMENT PLANNING CLASSES

<https://colorado.feb.gov/events-training/retirement-classes/>

###

UNIVERSITY OF COLORADO MINI-SCHOOL ON GLOBAL AFFAIRS

Tuesdays in October - November | 7:00 - 8:30 pm
Student Commons Room 1500 | Auraria Campus
FREE | Register online <https://gs.ucdenver.edu/miniglobal/register/>

###

SEPTEMBER

YGL NIGHT AT THE BALL GAME: ROCKIES vs. CARDINALS

September 20, 2016 | Social: 5:00 pm - Retro Room, 2034 Larimer St, Denver, CO | Game: 6:40 pm Coors Field | <http://younggov.org/chapters/denver/denver-events-2/>

###

CONFERENCE ON NATIVE AMERICAN NUTRITION

September 26-27, 2016 | Prior Lake MN
<http://seedsofnativehealth.org/conference/>

###

WORKPLACE HARASSMENT - Using Accountability to Create a Better Work Environment for All

September 28, 2016 | 11:30 am – 1:00 pm | Denver Federal Center | Bldg. 20 Foord Conference Room, Lakewood CO | Cost: Free

Join the Denver Federal Center Chapter of Federally Employed Women (DFC-FEW) for an informative review of the EEOC Workplace Harassment Report and the progress that has been made in 30 years.

Kerbi Jacobson | 303 887 4839 | KerbiFEW@gmail.com
<https://drive.google.com/file/d/0B6nPGoTdm81XdHpZTnJXNTRIT0htZI9HQnFMRV9rRE1FSFVv/view?usp=sharing>

###

AMERICA'S PREPAREATHON – DAY OF ACTION

September 30, 2016 | <https://community.fema.gov/> | A 508-compliant version of this memorandum is posted online for the benefit of visually-impaired readers at:
<https://www.chcoc.gov/content/america%E2%80%99s-prepareathon-%E2%80%93-september-30-2016-%E2%80%93-day-action>

###

OCTOBER & BEYOND

10TH ANNUAL VETERAN'S RESOURCE & JOB FAIR

October 1, 2016 | 9:00 am - 1:00 pm | Hudson Gardens | 6115 S. Santa Fe Drive, Littleton, CO | Free - Open to Public

###

ROCKY MOUNTAIN LEADERSHIP PROGRAM

UCD SCHOOL OF PUBLIC AFFAIRS

October 3-8, 2016

www.rockymountainprogram.org

Stephanie Samano | 303.315.2494 | Stephanie.samano@ucdenver.edu

RMLP is a five and a half day program that provides an opportunity for professionals to break away from everyday tasks and responsibilities and focus on the big picture of public service, including: effective leadership, current trends in management and teamwork in the 21st century. The program will challenge participants to overcome the barriers, routines and paradigms that prevent success, and provide tools to improve your professional & personal effectiveness.

###

BLUEPRINT TO EXCELLENCE SUPERVISORY ACADEMY

October 18-20, 2016 | 8:30 am - 4:00 pm | Fort Collins CO

\$290.00 | Online Registration Required | <https://colorado.feb.gov/register/?ee=353>

CONTACT Dave Cawrse | 970 295 5780 | dcawrse@fs.fed.us

Transforming Federal Supervisors into Leaders. The 3-day training fulfills annual supervisory training requirements and addresses core competencies in Strategic Thinking, Flexibility, Resilience, Conflict Management, Developing others, Team Building, Customer Service, & Human Capital Management. This training is presented by the Colorado Federal Executive Board Northern Colorado Council.

###

FEDERAL FORUM ON RESILIENCY AND WELLNESS IN THE WORKPLACE

October 20, 2016 | 8:00 am – Noon

Department of the Interior Training Center | 7401 W Mansfield Dr | Denver CO 80235
Durango/Telluride Conference Room

FREE | Online Registration Required | <https://colorado.feb.gov/register/?ee=355>

AGENDA | <https://colorado.feb.gov/health-fitness/national-prevention-strategy/>

CONTACT Linda Stopp | 303 844 7891 | linda.stopp@hhs.gov

The Region VIII National Prevention Strategy Collaborative and the Colorado Federal Executive Board present the Federal Forum on Resiliency and Wellness in the Workplace to educate and engage staff and leaders in conversation about resiliency and wellness.

Expert speakers will share why workplace wellness is important for Federal workplaces and how it can contribute to well-being, productivity and resilience. Family-friendly policies and practices will be shared.

Participants will be introduced to new techniques and government-wide trends and will receive practical tools that integrate wellness and communication strategies into daily practice at work, and methods for setting goals for healthy eating, fitness, sleep, decreased stress, and building inner-strength.

Federal peers will share best practices about wellness programs and policies implemented in their agencies.

###

IMPROVING BEHAVIORAL HEALTH THROUGH TECHNOLOGY

October 20 or 21, 2016 | 8:00 am - 4:45 pm | Elkhorn Conference Center | 1725 Woodfill Rd Bldg. 7300 | Fort Carson CO

These are two one day workshops aimed to train DoD and VA behavioral health providers on the core competencies of the use of health technologies in clinical care, including mobile applications and websites to support behavioral health, developed by the Department of Defense and Department of Veterans Affairs.

Register by emailing | Lisa Hutchins | lisa.r.hutchins.ctr@mail.mil | Be sure to specify registration for either 20-October or 21-October

###

MAKE a DIFFERENCE DAY

October 22, 2016 | <http://makeadifferenceday.com/>

For the second year, the Colorado Federal Executive Board's (CFEB) Workforce Development Council (WDC) is soliciting volunteer opportunities at charitable organizations throughout

Colorado on Make a Difference Day. In 2015, 116 feds volunteered at 11 nonprofit organizations in Colorado and we hope to double that effort in 2016!

###

CAREER MENTORING FORUM

by Federal Executives for Federal Employees

October 26, 2016 | 11:30 am - 12:30 pm

Denver Federal Center | CFEB Training Room | Bldg 25 | Lakewood CO

Free | Online Registration Required <https://colorado.feb.gov/register/?ee=328>

EXECUTIVE MENTORS

Nancy Dragani | FEMA Regional Administrator

Sallie Houser-Hanfelder | VA VHA Director

The CFEB Workforce Development Council (WDC) offers two mentoring forums each year. The council initiated these free mentoring workshops in 2014 after identifying the need for a mentoring program to help grow leaders and enhance professional development across the local federal workforce. The forums connect federal executives with employees seeking career advice and provide a venue for leaders to share information about their career journey including challenges, inspirations, successes, and work life balance. The forums give you exposure to senior leadership, enhances your professional development, and improves communication within the federal community.

###

CFEB QUARTERLY MEETING & TRAINING

DELIVERING OUTSTANDING CUSTOMER SERVICE

October 27, 2016 | 7:30 - 11:00 am

Denver Federal Center | CFEB Training Room | Bldg 25 | Lakewood CO

\$28 | Online Registration Required <https://colorado.feb.gov/register/?ee=320>

SPEAKERS

- ◆ SHEP HYKEN, CSP, CPAE is the CAO (Chief Amazement Officer of Shepard Presentations)
- ◆ MARK GASTA, Executive Vice President and Chief People Officer for Vail Resorts Management Company

###

MILE HIGH DICE

Annual CFEB/FEMA Tabletop Exercise on Cybersecurity

November 10, 2016 | 8:30 am – 3:45 pm

LOCATION

Federal Bureau of Prisons National Corrections Academy
11900 East Cornell Avenue, Unit C | Vail Room | Aurora, CO 80014

FREE | ONLINE REGISTRATION REQUIRED

<https://colorado.feb.gov/register/?ee=354>

Before you go online to register, make sure you have the name, phone and email of each team member that will attend!

TARGET AUDIENCE

- ◆ Federal Agencies | Cities | Counties | State Government (FEMA Region VIII-CO, MT, ND, SD, UT & WY) | Private Sector | Educational Institutions | Nonprofit Organizations
- ◆ Every agency/organization is encouraged to bring a team of seven (7) people to the exercise. One person from each team will take on the role of facilitator during the afternoon exercise.
- ◆ Recommended team members include Executive leadership, IT, HR, PIO, financial, records management, legal counsel, & continuity of operations staff

PURPOSE

- Mile High DICE provides a forum for interagency coordination and improvement of cyber response/contingency plans and continuity plans.
- The 2016 theme is cybersecurity, which is the RISC (Regional Interagency Steering Committee) priority this year.
- DICE establishes a learning environment for participants to improve their understanding of a cyber incident and examine response/contingency plans to determine their ability to continue their mission essential functions.

OBJECTIVES

- Develop a common understanding of:
 - Cybersecurity threats and vulnerabilities
 - Cyber resources available from the government
- Identify cyber gaps or vulnerabilities that could disrupt delivery of mission essential functions
- Discuss response and recovery of mission essential functions following a cyber event
- Deliver sample tools that will assist in the development of a cyber annex in the organization's plans.

###

DENVER VETERANS DAY 5K & 10K RUN

November 13, 2016 | 8:00 am | Denver City Park | <http://www.denverveteransday.com/run/>

###

OPM WMDC LEADERSHIP PROGRAMS CATALOGUE

<https://colorado.feb.gov/wp-content/uploads/2016/04/2016-OPM-WMDC-Courses.pdf>

###

DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

Register | <http://www.denvergov.org/oem> | DenverCERT@denvergov.org | 303 725 3084

###

TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> |

<https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Tuesday's | 11:30 am - 12:30 pm | DFC Building 67, Room 610 | Denver CO

CONTACT Jon Damiano | 303 445 2461 | jdamiano@usbr.gov

<http://damgoodspeakers.toastmastersclubs.org>

###

VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site

<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to gpage@colorado.feb.gov

###

HEALTH DOES MATTER

Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov

Tuesday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Thursday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | dotys1@yahoo.com

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

FEHB VIRTUAL SERVICE

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | kp.org/feds

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | www.kpfedtalk.org | Code kpfedtalk1 | Follow prompts for audio

Connect with FEDSTRIVE Region 8

Facebook - <https://www.facebook.com/FedStriveR8>

www.FOH.hhs.gov

Mile High Walking Club – Byron G Rogers Building

Every Monday | 12:00 – 12:30 pm | Meet right outside of the Byron Rogers Building

Every Wednesday | 11:30 am – 12:00 pm | Meet right outside of the Byron Rogers Building

Free, open to all federal employees & contractors

Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg. 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

###

LIGHTEN UP!

Guilty of Annoyance

A defendant isn't happy with how things are going in court, so he gives the judge a hard time.

Judge: "Where do you work?"

Defendant: "Here and there."

Judge: "What do you do for a living?"

Defendant: "This and that."

Judge: "Take him away."

Defendant: "Wait; when will I get out?"

Judge: "Sooner or later."

###

PETS OF THE WEEK

Adopt a pet and save a life

Rosie | Shepherd/Hound Mix | Female | 1 year old

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Cisco (177366) | Chihuahua mix | Male | 10 years old

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org

<http://www.FoothillsAnimalShelter.org>

Kelda (Mr.) | Cat/Domestic Short Hair | Male

ANGELS WITH PAWS SHELTER | 303-274-2264 | <http://www.angelswithpaws.net/>

<https://www.petfinder.com/petdetail/33210997>

###

VOLUNTEER OPPORTUNITIES

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO

Please contact shelter manager Sondra Bailey | 303 274 2264 |

<http://www.angelswithpaws.net/volunteering/>

###

SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver

<https://www.facebook.com/sisterhoodofthetravelingpets>

Sassie Skelton | 719 482 0705

###

JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

US Forest Service Rocky Mountain Region

<https://fsoutreach.gdcii.com/Outreach/> | Visit <http://www.fs.usda.gov/main/r2/jobs>

US Forest Service Rocky Mountain Region, Glenwood Springs, CO

Forest Heritage Program Manager (Archeologist) | GS-0193-11/12

Contact Rich Doak | 970 945 3267 | rdoak@fs.fed.us by September 23

US Forest Service Rocky Mountain Region, Del Norte, CO

Rangeland Management Technician | GS-0455-5/6/7/8/9

Contact Denise Gomez | 719 657 6034 | dmgomez@fs.fed.us by October 3

Defense Contract Audit Agency, Various locations

Auditor (Recent Graduate) | GS-0511-7/9

<https://www.usajobs.gov/GetJob/ViewDetails/449522800/>

Auditor | GS-511-9/11

<https://www.usajobs.gov/GetJob/ViewDetails/449451800/>

National Cancer Institute's Office of Workforce Planning and Development, Bethesda, MD

Trainer/Facilitator | GS 12/13

If interested in the position, please contact | Shannon Connolly at connollys@mail.nih.gov

US Courts, Philadelphia, PA

Clerk of Court | JS-0301-15/18

<https://www.usajobs.gov/GetJob/ViewDetails/447305100/>

National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

Professional Support to Preparedness Unit

https://www.nowcc.org/r/positions/view.aspx?record_id=3705

Community Involvement Support

https://www.nowcc.org/r/positions/view.aspx?record_id=3712

###

FIRST LADY TRIVIA ANSWER

Dolley Madison

Dolley Payne Todd Madison (May 20, 1768 – July 12, 1849) was the wife of James Madison, President of the United States from 1809 to 1817. She was noted for her social graces, which boosted her husband's popularity as President. In this way, she did much to define the role of

the President's spouse, known only much later by the title First Lady—a function she had sometimes performed earlier for the widowed Thomas Jefferson.

Dolley also helped furnish the newly constructed White House. When the British set fire to it in 1814, she was credited with saving the classic portrait of George Washington. She was well known for throwing nice and fancy parties at the White House, while wearing the newest fashions from Paris. She just loved playing the part of hostess and is also responsible for the creation of the infamous White House Rose Garden. In widowhood, she often lived in poverty, partially relieved by the sale of her late husband's papers.

###

CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

###

Have a safe and wonderful weekend

Gay & Jeff

Gay Page | CFEB Executive Director | gpage@colorado.feb.gov

Jeff Conn | CFEB Outreach Strategist | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg. 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email